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Appendix 6: Cleaning and Storing the Single Patient Use Pump Kits

HOW TO WASH SINGLE USE BREASTMILK COLLECTION SET

- 1. Wash your hands
- 2. Only items that come in contact with breastmilk will need washing
- These items do not need washing
- **4.** Rise items in cold water to remove the breastmilk protein
- 5. Fill a cardboard washing bowl with warm water and add a small squeeze of detergent
- 6. Thoroughly wash each piece
- 7. Leave to drain on a piece of hand towel
- **8.** Empty the cardboard washing bowl, line with fresh hand towels and place the clean items in the bowl
- 9. When you have returned to your bedside lay out the clean items to dry on a clean hand towel
- **10.** Store your dry items in the zip lock bag provided (if you need a new bag just ask your midwife / nurse)

















You will keep this one kit for the time you are with us. If you require another bottle or bag just ask your midwife / nurse.

If using non-sterile pack, wash before 1st use.