

Request under Freedom of Information Act 2000

Thank you for your request for information which we received on Tuesday 1st August 2023. I am pleased to confirm the following.

1. How many weeks Pulmonary Rehab do you offer as standard practice? 6 weeks, 8 weeks etc etc.

We offer eight sessions of rehab with patients attending once per week for 8 weeks.

2.What percentage of the people who complete PR in a year are those who have already had it?

Some people call them past graduates. So those that have been through the PR standard programme more than once? We do not collect this data because if any patients have attended more than one course per year it is because they have been referred for rehab following an hospital admission. Referral to rehab following hospital admission is one of the inclusion criteria for repeating a course of rehab within 12 months of a previous course and so we so accept any such referrals and do not collect data for this type of referral.

3. What are your current waiting times for PR? - Those that have been told that they require PR and waiting to go onto the course.

As soon as a referral letter is received patients are contacted and invited to book an appointment to be assessed. We do not collect data on how many weeks there are between assessment and starting rehab.

4. What PR service models do you offer and what is the patient capacity? – see below:

Model	Yes or no	Capacity of patients per class
In person, face to face	Yes	One cohort of 10 patients on weds who attend weekly for 8 weeks - course finishes 20 th September. One cohort of 10 patients on Monday who attend weekly who will start 11 th September. Spread throughout the week are patients receiving 1:1 rehab with a physio support

		worker, or groups of 2 patients having rehab with the support worker. These attend weekly and are patients who cannot attend day/time of the main cohort or are too frail to join the main cohort. This could be up to 22 patients but varies according to demand.
In person, face to face plus an app	No	
Online and in real time	On Hold	We have the ability to do this either as 1:1 or in a group, however at time of writing there is no demand for this.
Via an app used at home at the patient's convenience	No	

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If you need any further assistance, please do not hesitate to contact us at the address above.

Yours sincerely,

Freedom of Information Co-ordinator
For and on behalf of Milton Keynes Hospital NHS Foundation Trust

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