



# Women's and Children's

Patient Information Leaflet (PL)

# Following pregnancy loss (up to 13 weeks and 6 days by scan)



As a teaching hospital, we conduct education and research to improve healthcare for our patients. During your visit students may be involved in your care, or you may be asked to participate in a clinical trial. Please speak to your doctor or nurse if you have any concerns.

Chief Executive: Professor Joe Harrison

Chair: Alison Davis

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This information page is used on the Early Pregnancy Assessment Unit (EPAU), Emergency Department (ED), Theatres, ward 21B and Antenatal and New-born Screening (ANNB).

We are very sorry for your loss. We are aware that this is a distressing time for you. You may be wondering what will happen to your baby now. This information has been compiled to inform you about what happens at a time when a pregnancy loss has occurred. We hope the information will be helpful.

### What happens next?

Following an early pregnancy loss, we want to ensure that all babies are handled in a respectful and dignified manner and in accordance with national requirements.

#### **Normal Practice**

If you have miscarried before 13 weeks and 6 days, the tissue or embryo removed from your womb will be taken to the laboratory. Later, it will be taken to the Crematorium at Crownhill where a hospital Chaplain conducts a short, dignified committal before the tissue or embryo is cremated. The ashes are then scattered in the Children's Garden of Remembrance at Crownhill.

If you would like a burial or to discuss other alternatives for the committal, then please contact chaplaincy using the number listed below or by email to <a href="mailto:chaplaincy@mkuh.nhs.uk">chaplaincy@mkuh.nhs.uk</a>

## **Support**

Following pregnancy loss, some people are surprised by the strength of their feelings and are not sure how to cope with them.

You may find that you and your partner grieve/feel differently. These emotions are all valid but can be very confusing. If you would like to talk to someone while you are in hospital, please ask a Nurse to contact the Chaplaincy team, who are available 24/7 via the hospital switchboard.

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#### **Useful contacts:**

Early Pregnancy Nurses 01908 996 434

Hospital Chaplaincy 01908 996 061

Bereavement Midwife 01908 997 157

National Miscarriage Association 01924 200 799

Hospital Switchboard 01908 660 033

We ask for information about you so that you can receive proper care and treatment. This information remains confidential and is stored securely by the Trust in accordance with the provisions of the Data Protection Act 2018/GDPR. Further guidance can be found within our privacy notice found on our Trust website: www.mkuh.nhs.uk

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